CREATING CONNECTIONS THAT INSPIRE CHANGE FOR OVER 60 YEARS

OUR PURPOSE
CBR YouthConnect serves, helps, assists, and inspires youth and families to become hopeful and productive citizens.
DEAR FRIENDS,

More than ever, this country is fraught with divisiveness. The gaps between the haves and the have-nots grow bigger, and people are seeking to single out rather than come together. Yet, through all that noise and angst, many of us are rising to the challenge and saying enough. We must care for those in need—some silently, others with the strength of a hurricane—both necessary vehicles to effect permanent positive change.

At CBRYC, we are seeing increasing numbers—unfortunately, with decreased funding and decreased availability of providers. More people need help, yet funders' budgets have not grown, so the level and number of services has been reduced so that more can receive assistance. When combined with an inadequate workforce, the problem only worsens. As a society, we must break this cycle. Funds need to be dedicated to intensive early support and treatment so that we can change not just one person's life but the trajectory of the next generation. We must work to create opportunities to train staff and provide them with the tools for the future and give them the support they need to deal with difficulties of their job. CBRYC has already begun to address these areas. We constantly seek grants to pay for training opportunities, and this year, brought in a higher number of interns in the field of Social Work as well as nonprofit management and program and policy development.

As the year progressed, we carefully monitored the referral trends and the needs we saw. The population we serve saw a big shift from individual youth to families as we experienced a 275% increase in the number of supervised and therapeutic visitation cases. There needs to be greater support for the family unit before a crisis occurs... And their needs spoke even louder, showcasing needs for housing, substance use treatment, and employment. We are using this information to focus our strategic direction over the next several years and are collaborating with community partners on program expansion into the Substance Use Treatment field as well as developing enriched family stabilization and support programs.

We at CBRYC are making a commitment to shapeshift to respond to the ever increasing and changing needs brought forward by the pandemic, to continue our commitment to individualized services, to assist in the development of future workforce, to strengthen families for generations.

And we thank you – all our supporters and donors - who stand behind our commitment with your generosity and your belief that:

*We find our humanity in our connections to one another.*

Godspeed.

Terry Scofidio
CEO
"It's okay to open up and share what I'm feeling, because now I know I'm safe."
- Chris, age 14
Specialized Mentoring

"Now I know: My words have power; I respect others and I deserve respect; and I am the smartest nine year old in the whole world!"
- Elise, age 9
Animal Assisted Therapy

"At the beginning of this year, I was terrified and unsure of how to parent my three boys, all under three. Since our first visitation, the clinician and the resources at CBR YouthConnect have not only helped me acquire the skills to successfully parent my sons, but they have given me a confidence in myself and my parenting I never thought possible."
- Sheniah, age 31
Supervised Visitation

"I love my daddy now!"
- Katy, age 4
Therapeutic Supervised Visitation
The Connections Build Resilience Home-Based (CBR-HB) program aims to provide strength-based, trauma-informed interventions/support to safely preserve families when children are at imminent risk of being taken out of the home, support reintegration following out-of-home placement, and to create a safe and permanent environment for the entire family. CBR-HB uses the evidence-based modalities of Trauma Focused Cognitive Behavioral Therapy, Trust Based Relational Intervention, and Motivational Interviewing to provide services to all types of families with children of all ages, abilities, and disabilities. Services are provided at home, at school, and in the community to ensure that youth and families are truly getting the help they need to build strong family connections that will last a lifetime.

The Specialized Mentoring program uses social-emotional learning principles to help youth explore their personal interests and aspirations, and connect them to their community. The Specialized Mentor offers a neutral and supportive role, allowing the youth to take the lead in activities. Specialized Mentoring aims to inspire hope and provide a role model so that youth are encouraged to discover their own power to lead the best possible lives no matter their personal circumstances.

Other programs include Animal-Assisted Therapy, Supervised Visitation, Therapeutic Supervised Visitation, and Outpatient Restoration Education.
HELPING YOUTH & FAMILIES TO BECOME PRODUCTIVE CITIZENS

CONNECTIONS BUILD RESILIENCE HOME-BASED
122 youth & their families served

SPECIALIZED MENTORING
94 youth served

SUPERVISED VISITATION
72 families served

OUTPATIENT RESTORATION EDUCATION
8 youth served

ANIMAL ASSISTED THERAPY
7 youth served

THERAPEUTIC SUPERVISED VISITATION
3 families served

ADOLESCENT MEDIATION AND BEHAVIOR COACHING
3 youth served

CLIENT ETHNICITY

30% Hispanic
9% Black
10% Other
49% Caucasian

Touching 2,000 LIVES each year

87% of all cases end in SUCCESS

53% Male clients
45% Female clients
2% Other

Program Reach:
16 COUNTIES
5 JUDICIAL DISTRICTS
4 PARTNER AGENCIES

REASONS FOR REFERRAL:
Abuse & Neglect • Prevention • Adoption Support
Special Health Care Needs • Judicial Involvement • Truancy
Meet JUNIE & MEGAN

Being a teen mom comes with a lot of challenges, especially when your baby is born drug-exposed. Julie and her newborn, Megan, entered CBRYC's Connections Build Resilience Home-Based program to prevent out-of-home placement. Julie had been using heroin and other drugs for over five years, and she was terrified to be a mom. At first, Julie didn't want to change her drug use habits, but overtime she realized how important maintaining sobriety was to being a loving and nurturing mother to Megan.

Through working with her home-based clinician, Julie learned self-care, independent living, and communication skills that helped her to form healthy connections and relationships with a positive peer group. Both Julie and Megan are now living happy and healthy lives as mother and daughter.

"Megan motivates me to work towards a healthy, happy, and drug-free life."
- Julie, age 19

*Names, photos, and details changed to protect client confidentiality but all quotes and stories reflects real CBR YouthConnect clients and cases.
The majority of the expenses for the organization are related to programs.

**EXPENSES**

- Program: 79%
- Management and General: 20%
- Fundraising: 1%

**Total:** $1,596,640

**INCOME**

- Service Fees: 42%
- Grants: 2%
- Individual Donors: 6%
- Fundraising Events: 3%
- Other Income: 6%
- Funds Held By Others: 12%
- Investment Income: 28%

**Total:** $2,740,090

Through contracts and generous donations we were able to cover all costs during the fiscal year and even invest in the future of the organization.
THANK YOU!

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Providing service to **OVER 78,000** youth and family members for **MORE THAN 60 YEARS**

YOU are making a difference in the lives of the youth and families of Colorado.