



CBR YOUTHCONNECT

Creating Connections that Inspire Change

Engaging with Youth As They Are

Addressing Discrimination and Mental Health

CBR YouthConnect (CBRYC) serves a variety of youth and families from a variety of races, ethnicities, and backgrounds. Trauma and mental illness do not discriminate, and often these can be exaggerated for minority groups such as people of color, immigrants, refugees, and those within the LGBTQIA community due to the disproportionately higher rates of implicit and explicit discrimination they experience on a daily basis.

Over 70% of our client base is in a minority group. Due to this large number, CBRYC is working on finding ways to better serve the youth and families who participate in our services. This includes investigating cultural barriers between our staff and clients, as well as pursuing a more diversified understanding of each individual's situation. People of color, immigrants, refugees, and those in the LGBTQIA community need their unique situations and traumas addressed. CBRYC is dedicated to ensuring that we provide youth from all backgrounds, races, and ethnicities receive the help and support they need to become hopeful and productive citizens.

We are not going to give up on the individuals and families who have been negatively impacted by discrimination and have suffered mental illness just because of *who they are*. We ask that you stand with us as we work to make Colorado a place where everyone can stand as equals and receive the mental and behavioral health support they need.

[Read our Statement Against Discrimination](#)

Summer 2020



Bang Bang!
Our annual fundraiser was a success!

[More Details](#)



Impacting 2,000 lives annually throughout 17 different counties and 8 judicial districts in Colorado.

[Read our Impact Statement](#)

Member of: Colorado Association of Family and Children's Agencies

www.CBRYouthConnect.org

12567 West Cedar Drive • Suite 101 • Lakewood, Colorado 80228 • 303.691.6095



Learning to Relax and Dream Big

CBR YouthConnect's Home-Based Program Inspires Hope

Liza had been placed in another foster home at age 16. She was struggling to form a positive relationship with her new foster parents and she was feeling anxious almost constantly. CBRYC's home-based clinician stepped in to provide individual support and help her learn necessary independent living skills, along with finding ways to reduce Liza's stress and anxiety.

Throughout the time Liza spent with her clinician, she blossomed. Instead of constantly picking a fight with her foster parents due to her stress, Liza learned how to communicate how she was truly feeling and how to resolve the conflicts that arose within her friendships and at home. Liza and her home-based clinician practiced yoga and stress reduction techniques to curb her anxiety, so that she could continue to grow and learn more about herself as a person. She also gained a myriad of life skills while working with her clinician, including completing several job applications and gaining her driver's license.



Now, Liza has moved in with family in another state and is on track to graduate from high school early. She has set a goal to go into the military after high school and eventually become a firefighter. She is forming healthy relationships with her family members and continues to make new friends where she is.

We are so proud of you Liza and we cannot wait to see what your future holds!

**Want to learn more about CBRYC's
Programs?**

Visit our website:

www.CBRYouthConnect.org



*Names and details of stories about clients have been changed for confidentiality, but all stories are a truthful representation of CBRYC's programs and pertain to real cases.

Executive Update

Hello Everyone,

It's hard to believe its August. What a hard and fast year it has been already. As we all continue to find our way through a historic time in this world, I have been so proud of our Staff. They have been hypervigilant in ensuring our clients and families receive the supports and services they need. From telehealth visits with a twist (i.e. learning how to play checkers during a zoom chat), to porch visits through a window, to being able to interpret feelings and emotions through masks; they haven't missed a beat. We have also seen an increased demand for services and are actively hiring so, please, if you know of someone within interest in the type of work we do refer them to us – from peer mentors to licensed clinical staff.

Despite COVID, we have secured new county contracts in more rural areas and added new services. Working closely with Colorado's Office of Behavioral Health's Forensic Staff, we have begun providing Outpatient Restoration Education to youth and young adults throughout Colorado. This includes the development of a mobile platform to serve those hard-to-reach rural areas. We have also just recently signed a contract with Rocky Mountain Human Services.

Our work is being recognized by many Community partners and we have received 5 grants totaling \$67,500 from many different funders. These funds have assisted us in ensuring the continuation of services under COVID-19 and, going forward, will allow us to focus our activities on the continued outreach and expansion of services in our rural areas as well as to ensure staff have the training and support to continue to deliver high quality outcomes.

I experienced my first ever clay shoot and was overwhelmed at the outpouring of support. In early March, between COVID-19 and the oil industry crisis, we weren't even sure we should hold it. The committee decided to keep moving ahead, and I am so glad they did. It was a lot of fun for everyone who attended, and we raised funds to support our programs. A special thanks to Board Member Reggie Garcia for reaching out to his partners in the construction industry. They helped make this year's event a success.

And for those who read my last update and are wondering – yes, my husband and I are still watching the sunrises, and now, the incredible sunsets we are blessed with. Our daily gratitudes have aided in our quest to emerge from these challenging times **#BetternotBitter** as we shared many family moments including our youngest daughter's engagement and our granddaughter's 3rd birthday. The future is so promising when you have faith and love. I wish you both in the days ahead.

Godspeed,



Terese (Terry) Scofidio
President / CEO
CBRYC



CONTINUING OUR LEGACY
COLORADO BOYS RANCH FOUNDATION



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Events

11th Annual Bust'n Clays for Kids

On July 17th, 2020, shooters, volunteers, and other supporters of CBRYC all gathered at Colorado Clays Shooting Park in Brighton for a fun day of competition and food. Although everything looked a little different this year due to COVID-19 restrictions, it was still a fun and successful event! Over 30 teams registered before the shoot and even more signed up the day of, making it a packed, but socially distant event.



The clay shoot competition and the online auction that was live the week prior to the event all helped to raise funds to support CBRYC's programs that serve the youth and families of Colorado. Although every team kept score and the high scoring teams received a trophy at the event, those who attended state that they were there to just get out, have fun, and support a great cause.

Thank you to all of our sponsors, donors, volunteers, and attendees for helping to make this event successful once again, and a very special thank you to our wonderful volunteer committee. This event and the funds raised to help kids and families throughout Colorado would not be possible without your hard work, dedication and loyalty to CBRYC.



[Click here](#) for the list of all our sponsors and contributors from this year's event.

Want to be the first to know about Bust'n Clays for Kids 2021?

Email info@youthconnect.org and request to be added to our Bust'n Clays distribution list.



Events



**Have an idea for a way
your organization or club
could support CBRYC?**

**Email
info@youthconnect.org
with your ideas!**

**Want to be a part of the fun events CBRYC
puts on every year?**

Become a sponsor, donate, or volunteer!

**Email info@youthconnect.org for more
information on how you can be involved
in our annual events!**



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Program Spotlight

Therapeutic Supervised Visitation

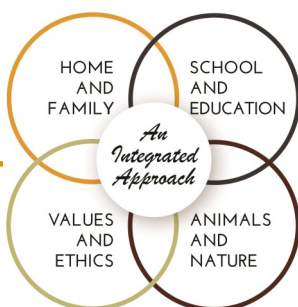
Mom was overwhelmed, scared, and drunk when she went to pick Dad up from jail. Four-year-old Jason didn't understand what was happening and as he tried to express his confusion and fear, Mom lashed out and was observed to be physically and verbally aggressive toward her son while at the police station. Jason was immediately removed from Mom's care and placed in foster care. Upon further investigation, it was discovered that there was a no contact order between Mom and Dad and her picking him up from jail was a direct violation of that order. Mom had been the victim of domestic violence from Dad and had turned to alcohol to escape. CBRYC's Family Service Provider came in to provide Therapeutic Supervised Visitation in this chaotic situation.

Mom was dedicated to learning better parenting techniques and getting sober in the ordered absence of Dad. Our Family Service Provider addressed the reasons Jason was removed from Mom's care, helped establish a safety plan, monitored Mom's sobriety, and made recommendations based on what she observed when Mom and Jason spent time together.

After three months of services, Mom successfully completed substance-abuse treatment and maintained sobriety, had gained a number of parenting skills, and had transitioned to unsupervised visits and was moving towards reunification with her son. Jason was also thriving! Dad had been removed from both of their lives and they were ready to move forward and face the future with excitement and hope. We are so glad to have been a part of your story Jason!



“CBR YouthConnect’s mission is to connect children, youth and families with the resources and inspiration to become hopeful and productive citizens.”



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Recognizing Our Community Partners



Grants to Continue Providing Services Throughout Colorado

CBRYC YouthConnect wants to give a HUGE thank you to all of our community partners who have made it possible for CBRYC to continue providing services to youth and families throughout Colorado. In the last three months, CBRYC has received 5 grants totaling \$67,500. We wanted to take this space to thank each of our grantors.

- Thank you to the **Phyllis M. Coors Foundation** for the **\$5,000** grant dedicated to the overall support of CBRYC's programs.
- Thank you to the **JeffCo Hope Fund** for the **\$7,500** grant that has been used to continue providing services via telehealth and in-homes when possible during COVID-19.
- Thank you to the **El Pomar Foundation** for the **\$10,000** grant dedicated to helping CBRYC expand our programs to serve youth in rural areas and communities throughout Colorado.
- CBRYC is extremely grateful to be named one of the recipients of the **Help Colorado Now** grant from the Colorado COVID Relief Fund for a total of **\$20,000** to help us make sure the youth and families receive the support they need in the midst of this global pandemic.
- CBRYC is also a proud recipient of the **Tony Gramscas Youth Services Program** (TGYS) grant through the state of Colorado for a total of **\$25,000**. This grant is dedicated to bolstering our Home-Based Program so we can serve more youth and families throughout the state.



CBRYC is dedicated to ensuring that youth and families receive support and care, regardless of what community they live in and unique challenges they face. The funds from these grants will allow us to overcome these challenges and provide strength-based, trauma-informed interventions and support to youth and families despite COVID-19 and throughout the state of Colorado.



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Upcoming for CBR YouthConnect

Colorado Gives Day

Colorado Gives Day is coming up again this December! Community First Foundation and FirstBank present Colorado Gives Day, an annual statewide movement to celebrate and increase philanthropy through online giving. The event is powered by ColoradoGives.org, a year-round, online giving platform. Donors can easily search for our profile on the site and make safe and secure donations. Mark your calendar for December 8th, 2020 and go to ColoradoGivesDay.org to learn more!



[Learn More About Colorado Gives Day](https://ColoradoGivesDay.org)

Hats & Boots Extravaganza 2021

CBRYC's annual Hats & Boots Extravaganza is coming again in January of 2021. Keep an eye out on social media for more news about this event or request to receive email updates about the event by emailing info@youthconnect.org.

We can't wait to see you there!



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Follow CBR YouthConnect on social media to keep up with our events and how we are impacting lives throughout Colorado.

@cbryouthconnect



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