

#### **CBR YOUTHCONNECT**

Creating Connections that Inspire Change

## Providing Hope to the At-Risk Youth of Colorado

## **Expanding Our Programs to Serve More Youth Throughout Colorado**

CBR YouthConnect (CBRYC) is excited to announce that we are expanding our services to include a brand new program. Our new *Competency Outpatient Restoration Education* is a program provided in partnership with Colorado Department of Human Services and the Office of Behavioral Health (OBH) to support youth involved with the juvenile justice system who have an identified mental or intellectual disability. This program is designed to help youth learn rational decision making skills, gain an understanding of their criminal charges, and learn about the basic proceedings of the court and how it pertains to them. Through this education, youth will gain a greater understanding of the court process and civic responsibility. This will help them not only take ownership of their current charges, but likely deter them from delinquent behavior in the future.

#### CBRYC's Home-Based Services Provide Hope For a Family's Future

Maria, age 7, and her mother were living together in low income housing in a bad neighborhood. Maria's parents had recently separated and were only living two doors apart in the same building. There were significant domestic violence, substance abuse, and mental health concerns for this family. Maria was unable to identify and regulate her emotions, often displaying anxiety, anger, aggression and inappropriate/ sexualized behaviors at home and school. Maria's mother also had mental health concerns that made it (continued p. 2)

More Details

#### **Winter 2020**



The 2nd Annual Hats & Boots Extravaganza Was a Success!

**More Details** 



Impacting 2,000 lives annually throughout 17 different counties and 8 judicial districts in Colorado.

Read our Impact Statement

Member of: Colorado Association of Family and Children's Agencies

www.CBRYouthConnect.org



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# Providing Hope to the At-Risk Youth of Colorado

## CBR YouthConnect's Home-Based Services Provide Hope For a Family's Future

#### (continued from p. 1)

... difficult for her to effectively parent Maria. A CBRYC home-based clinician came into this situation and provided services for a little over two years. During this time Maria's identification and regulation of her emotions increased, as did her coping skills, positive peer engagement, and her school behaviors also improved. Her anxiety was lessened and her negative attention seeking and dangerous behaviors were reduced. Maria's mother gained an increased understanding of her mental

health issues and learned how to better regulate them. She also learned positive parenting, boundary setting, anger management, and communication skills. Maria's father also learned these skills and learned how to co-parent with Maria's mother despite their separation. His substance abuse was decreased, as were his negative parenting/communication techniques.

Now, Maria's family has strengthened their family relationships and has addressed many of their negative

behaviors and issues. Maria is happy that her parents no longer fight and she is engaged in school. Overall, CBRYC's services have sparked hope for this family's future.

## Want to learn more about CBRYC's Programs?

Visit our website:

www.CBRYouthConnect.org



## **Executive Update**



Hello Everyone,

My name is Terry Scofidio, and I am the new CEO of CBR YouthConnect. I moved to Colorado just about a year ago and worked for the State of Colorado as the Division Director of the Mental Health Institutes and Forensic Service. However, my heart has always been in serving youth and families in the community. After meeting the Board members and staff of CBRYC, I knew it was the right place for me. I am just two months in as the CEO of CBR Youth Connect, and I already feel at home.

Everyone I have met with at CBRYC as well as the private, county, and state agencies are deeply committed and so enthusiastic about helping the youth of Colorado succeed. There are so many ways to strategically expand our services, it is going to be hard to decide the direction. We are actively working on a long-range plan to ensure we focus our resources where most needed and Amanda Bicker, our COO, and the Program Directors have jumped right in. They are working on program development to expand to new counties while strengthening and enriching our programs in counties where we have long standing relationships. Additionally, we are beginning to partner with the State to be able to wrap additional services around our current youth and families. I am sure that many of you also have a lot of ideas on how we can make a difference. Please let us know through your provider, your CBRYC contact, or you can email me directly at <a href="mailto:tscofidio@youthconnect.org">tscofidio@youthconnect.org</a>. I look forward to hearing what you have to say.

It's also been a fun filled few months as well as I was able to host the 2nd Annual Hats & Boots Extravaganza. Thanks to our many supporters and donors we were able to raise funds in support of Mentoring Program, furthering our ability to assist our youth in their growth and development. A big shout out to Kalina Culver, our Program Assistant extraordinaire, who made it happen!

Our Community Voices Program—providing education, support and a voice for those in the CYSHCN community—is also continuing its outreach to the community. The needs are great and our Program Coordinator, Javi Dolif, is actively looking for partners to expand our outreach. Please let us know if you are interested in becoming part of our Family to Family Network.

This year is going to take us to many new areas as we travel across the state continuing to expand on the excellent services CBRYC has provided for over 60 years. I look forward to sharing all our new ventures with you in the upcoming months.

Terese (Terry) Scofidio

President / CEO

CBRYC

CONTINUING OUR LEGACY
COLORADO BOYS RANCH FOUNDATION



#### **Events**

#### 2nd Annual Hats & Boots Extravaganza

On January 17th, 2020, over 100 people gathered at the Grizzly Rose in Denver, CO for a fun evening of music, dancing, and support of CBR YouthConnect.

The event highlighted CBRYC's *Specialized Mentoring* program and featured two video presentations from youth currently participating in this program. You can find these videos on CBRYC's website and YouTube channel.





The event also featured professional football player and Denver sports legend Ed McCaffrey, who took pictures with guests and gave a speech on the importance of mentoring in our communities. During the event, McCaffrey stated, "we cannot go through life alone and be happy. We were put here to connect and

love and care about others and serve others. [...] They [mentees] will go on to make you proud, they will go on and give back what they have received and continue to make this world a better place." There was also a silent and live auction, with all

funds raised going to support CBRYC and it's programs.



Thank you to all our wonderful volunteers and board members for making the 2nd Annual Hats & Boots Extravaganza a success. This event could not happen without the

continuous donation of your time, energy, and funds.

We hope to see you all next year at this fun event!





#### **Events**

#### 11th Annual Bust'n Clays for Kids

The 11th Annual Bust'n Clays for Kids is coming again on July 17th, 2020. This is a fun-filled day of games and competition! Come shoot your best as an individual or as part of a team. Thank you to all of our donors and attendees for participating in last year's event. We can't wait to see all of you again!

Click Here to Learn More or Register Today!





Have an idea for a way your organization or club could support CBRYC?

Email <u>info@youthconnect.org</u> with your ideas!

Want to be a part of the fun events CBRYC puts on every year?

Become a sponsor, donate, or volunteer!

Email <u>info@youthconnect.org</u> for more information on how you can be involved in our annual events!

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## **Program Spotlight**

#### **Specialized Mentoring**

Justin (age 17) ran away from an abusive home where he suffered physical abuse from his father and neglect from his mother. He was a runaway for over a year before he was placed in foster care. CBRYC was called to provide *Specialized Mentoring* to him as he transitioned into home life once more and struggled to finish high school. His specialized mentor helped him to set goals for his future and educated him on methods for financial success. He also learned how to come to terms with his past and not let it or his parents' abuse and neglect define him. Justin's confidence has grown and he now knows that he does not have to do everything on his own. He is now successfully working toward his goal of completing high school and moving to Oklahoma where he will be living with extended family.

Specialized Mentoring is a highly skilled, trauma-informed process for inspiring and helping youth to build resilience and positive character. Through conversations, purposeful community experiences and creative projects, youth are encouraged to creatively express their own personal STORY and think through the values and beliefs they want to live by. They are helped to discover their own power to live their best personal story and guild their own lives no matter their personal circumstances.



"CBR YouthConnect's mission is to connect children, youth and families with the resources and inspiration to become hopeful and productive citizens."



### **Recognized Donor**

#### Presenting the 2019 Chuck Thompson Person of the Year Award



The Chuck Thompson Person of the Year Award is given annually to the person(s) the Board of Directors recognizes as having a similar impact on

Colorado children and families as Chuck Thompson did over a stellar 37 years career leading CBR YouthConnect.

Mike Sanders, Board Chairman of CBRYC announced the

recipient of the *2019 Chuck Thompson Person of the Year Award* during the 2nd Annual Hats & Boots Extravaganza held at the Grizzly Rose in Denver, CO.

Donna Humes (left) was a long-time donor and supporter of CBRYC. Her generosity has and will continue to impact the youth and families of Colorado for many years to come. Thank you Donna for your dedication to CBRYC. May you rest in peace knowing your legacy will live on.





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# **Upcoming for CBR YouthConnect**

#### **ReFUND Colorado—NEW in 2020**

ReFUND Colorado is a new offering this year that will benefit nonprofits throughout the state. Many Coloradan's receive a tax refund this season and now they have the ability to give some or all of this refund to the nonprofit of their choice. Use the registration number below if you would like to dedicate some of your refund to CBRYC.

Learn More About ReFUND Colorado



Follow CBR YouthConnect on social media to keep up with our events and how we are impacting lives throughout Colorado. @cbryouthconnect



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HOME AND AND EDUCATION

Autograted Approach

VALUES AND AND ETHICS

HOME SCHOOL AND EDUCATION

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ANIMALS AND NATURE

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