

Financial Resources

SNAP

The Supplemental Nutrition Assistance Program (SNAP) is a Food Assistance program in Colorado, formerly known as Food Stamps. SNAP provides food assistance benefits as part of a federal nutrition program to help low-income households purchase food.

There are some basic rules for the SNAP program and a list of verifications you may need to provide to your local county office to determine your eligibility:

Identity - The identity of the person applying must be verified for SNAP. Some examples of proof of identity include government-issued identification card or driver's license, work or school ID, voter registration card or birth certificate.

Citizenship Status - U.S. citizens and some non-citizens are eligible for SNAP benefits. Even if some members of the household are not eligible, household members who are eligible may still be able to get SNAP benefits.

Social Security Numbers - Everyone in the household that is applying for benefits should provide their Social Security number or provide proof that they have applied for one.

Income - The total household income before any deductions must fall below a certain dollar amount to be eligible for SNAP benefits. The dollar amount will be determined by how many people are in your household.

If all household members are getting public assistance or SSI, they may not have to meet the eligibility tests.

Most types of income are counted to determine if a household is eligible. We will need proof of all income received by anyone in your household to determine if you are eligible to receive SNAP benefits. Some examples of proof of income include:

- ◆ Pay stubs or a statement from your employer
- ◆ Benefit award letters if you receive income from these sources:
 - ◆ Short-term disability payments
 - ◆ Child Support (if not received through the State of Colorado)
 - ◆ Pension
 - ◆ Unemployment
 - ◆ Veterans Administration
 - ◆ Social Security



Deductions - After adding all of your household's countable income, an eligibility technician will determine if you are eligible for any deductions that are allowed by SNAP.

Be sure to include on your application or tell your eligibility technician during your interview if you or anyone else in your household pays for these expenses:

- ◆ Child Care
- ◆ Child Support
- ◆ Medical Expenses
- ◆ Rent/Mortgage
- ◆ Utilities (heating/cooling, water, trash, phone, etc.)

The total household income after deductions must fall below a certain dollar amount to be eligible for SNAP benefits. This dollar amount will be determined by how many people are in your household.

Work Rules - All individuals who apply for SNAP benefits in Colorado and who do not meet federal exemption criteria must register for work, accept an offer of suitable work and take part in the [Employment First program](#). The activities in the Employment First program include workfare, adult basic education, GED preparation, literacy, college, vocational training, vocational rehabilitation, job search classes, and part-time work.

For this service, you can apply at Colorado PEAK online, the applications are automatically submitted to your county office. You can also print an application at <https://colorado.gov/pacific/cdhs/supplemental-nutrition-assistance-program-snap> and bring it in person to your local county human service office

WIC

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) is a nutrition program that provides nutritious groceries, nutrition education, breastfeeding support and other services free of charge to Colorado families who qualify. WIC's goal is to help keep pregnant and breastfeeding women and children under age 5 healthy. To do this, WIC provides:

- Personalized nutrition consultations.
- Breastfeeding information, support and referrals.
- Financial assistance for free, healthy food to supplement what you already buy.
- Referrals for medical and dental care, health insurance, child care, housing, lactation support and other services that can benefit the whole family.
- Nutrition and health education on a variety of topics, including meal planning, maintaining a healthy weight, picky eaters, caring for a new baby, working and breastfeeding, and shopping on a budget.

Families- WIC is for all kinds of families: married and single parents, working or not working. If you're a father, mother, grandparent, foster parent or other legal guardian of a child under 5, you can apply for WIC.

***** To apply for WIC services, you can go to <https://www.colorado.gov/pacific/cdphe/categories/services-and-information/health/personal-and-family-health/wic> you can call 1-800-688-7777 (Se habla español) or email cdphe_askwic@state.co.us *****fill out the form below and submit it to your local county office: *******

Colorado Works– TANF-

Colorado Works is Colorado's Temporary Assistance for Needy Families (TANF) program. Through the program, participants receive help becoming self-sufficient by strengthening their family's economic and social stability. Colorado Works operates in all 64 counties and is delivered locally through each county's department of human or social services.

The Goals of Colorado Works

- Guarantee that county departments and program partners have the what they need to successfully implement financial assistance programs that are both accurate and timely
- Provide job opportunities for low-income Coloradans
- Support low-income Coloradans in both preparation for and retention of job opportunities
- Identify and promote strategies to increase household income and economic stability
- Serve as a financial safety net for older adults, people with disabilities, children and parents who are participating in work-related activities
- Promote family and individual safety and stability, healthy relationships and well-being
- Visit the Policies page for more information on Colorado ReWorks policy changes, the Colorado TANF State Plan and the Work Verification Plan.

*******To apply for Colorado Works assistance, simply fill out the form below and submit it to your local county office: *******

Section 8

The Housing Choice Voucher Program (formerly Section 8) provides rental assistance to income-eligible tenants by subsidizing a portion of their monthly rent and utilities and paying it directly to their landlords. In cases where utilities are not included in rent, the program may pay a larger portion of the rent so that the tenant is able to afford utility payments. The assistance provided is the difference between what the tenant pays toward rent (generally 30%-40% of the household's adjusted gross income) and the cost of the rent.

Once you have been accepted into the Housing Choice Voucher Program, you must remain in good standing. That requires being a considerate neighbor, paying your rent on time, reporting any changes in the members of your household or your income to your residential coordinator and ensuring that your unit passes an annual inspection.

*** for detailed information and income guidelines visit <https://colorado.gov/pacific/dola/section-8-participants> ***

Colorado Child Care Assistance Program - CCCAP

The Colorado Child Care Assistance Program (CCCAP) program provides child care assistance to families who are working, searching for employment, or are in training, and families who are enrolled in the Colorado Works program and need child care services to support their efforts toward self-sufficiency. CCCAP provides you access to reduced cost child care at licensed child care facilities or qualified (unlicensed) providers.

The Colorado Child Care Assistance Program is administered through county departments of social/human services under the direction of the CDHS Division of Early Care and Learning. Counties set income maximums for eligibility for families, but must serve families with income of 165 percent or less of the federal poverty guideline (if funding allows), and may not serve families that have an income of over 85 percent of the state median income.

You may be eligible to participate in CCCAP if you:

- Reside in Colorado
- Are working, seeking employment, or are participating in training/education
- Have at least one child who is under 13 years old (or 19 years old if the child has special needs or a disability and requires child care)
- Have a family income of less than the county defined maximum

Recipients with income are responsible to pay a portion of the cost of care.

Apply on the Colorado PEAK website.

Additional Resources

Food Bank of the Rockies -

MISSION- We help families thrive by efficiently procuring and distributing food and essentials to the hungry through our programs and partner agencies.

www.foorbankoftherockies.org Phone: 303-371-9250 ; 877-460-8504

Mile High United Way - 211

2-1-1 is a free, multilingual, and confidential service that connects individuals with community resources and information. Every year we help tens of thousands of our neighbors navigate a complex web of resources ranging from child care to tax preparation assistance to basic needs like food, shelter, and rental assistance.

www.unitedwaydenver.org Phone: 303.433.8383 Fax: 303.455.6462

info@unitedwaydenver.org

LEAP

Works to keep communities warm during the winter (November - April) by providing assistance with heating costs, equipment repair and/or replacement of inoperable heating tools. While the program is not intended to pay the entire cost of home heating, it aims to help alleviate some of the burdens that come with Colorado's colder months.

Heat assistance may be available to you.

Call HEAT HELP at 1-866-432-8435 for more information

Legal Assistance

Colorado Legal Services

Legal help for low-income Coloradans seeking assistance with civil legal needs. CLS has many offices covering the state. For more information visit <https://www.coloradolegalservices.org/>

Denver (Adams, Arapahoe, Broomfield, Denver, Douglas, Elbert, Jefferson; Clear Creek & Gilpin seniors)

1905 Sherman Street, Suite 400, Denver 80203

303-837-1313

Walk-In Hours: Daily Monday-Friday 8:30-11 a.m. and 1-2 p.m.; ID and Family Law Wednesdays 8:30-11 a.m

Disability Law Colorado

Disability Law Colorado protects and promotes the rights of people with disabilities and older people in Colorado through

[direct legal representation](#), [advocacy](#), [education](#) and [legislative analysis](#).

Phone: 800-288-1376 or 303-722-0300 All lines voice/TTY

Fax: 303-722-0720

Visit <https://disabilitylawco.org/> for more info

Colorado Developmental Disabilities Counsel

The mission of the CDDC is to advocate in collaboration with and on behalf of people with developmental disabilities for the establishment and implementation of public policy which will further their independence, productivity, and integration.

720-941-0176 or visit CDDC.org

Colorado Cross-Disability Coalition

Colorado Cross-Disability Coalition (CCDC) is the premier organization in Colorado advocating for disability rights. Our mission is to advocate for social justice for people with all types of disabilities (what we call a cross-disability).

303-839-1775 or visit CCDCOnline.org

Family Voices Colorado

12567 W Cedar Dr Ste 210

Lakewood, CO 80228

Local: 303-733-3000

FAX: 303-733-3344

www.familyvoicesco.org

